



# GRAMMAR

## SHOULD/SHOULDN'T

# Good rules to keep fit

- GET UP EARLY AND GO TO BED EARLY TO KEEP FIT.
- TAKE REGULAR EXERCISES.
- TAKE A COOL SHOWER.
- EAT HEALTHY FOOD.
- NEVER SMOKE.
- CLEAN YOUR TEETH EVERY MORNING AND EVERY EVENING.
- WASH YOUR HANDS BEFORE YOU EAT.